



PMI-Metrolina Mentorship Program

Web Meetings and Remote Connection Methods

Hello PMI-Metrolina Mentors and Mentees:

We are advocating the use of Microsoft Skype for all web meetings between mentor and mentee. Skype is an application that enables voice and video calls, instant messaging, file transfers, and screen sharing between users. Millions of people download and use Skype every day for voice and video calling, messaging, sharing and low-cost local and international calls. There are other free services listed in the first link if Skype is not an option for you. As a mentor/mentee, you are responsible for setting-up, using, and maintaining the platform chosen so make sure the option selected will work for both of you.

If you have a microphone and speakers, you can use Skype to call people that have Skype installed on their computer free of charge. Skype also has an Internet connection box, so that you can convert your regular telephone to use the internet for your telephone service. The only time that you have to pay for using Skype is when using the VOIP (Voice Over Internet Protocol) to call a landline or cell phone.

The Best 102 Free VOIP Services for web meetings, conference calls, and faxing:

<http://it.toolbox.com/blogs/voip-news/the-102-best-free-phone-services-on-the-web-51939>

SKYPE:

- Main Skype Link: <https://www.skype.com/en/>
- Skype for Beginners: <http://mashable.com/2014/07/09/skype-for-beginners/#Yv6xsK7aquqE>
- Skype Basics: <http://waverleycommunity.ca/wp-content/uploads/2012/07/Using-Skype.pdf>
- Help for Skype: <https://support.skype.com/en/howto/windows-desktop/>
- Using a mobile phone with Skype: https://www.microsoft.com/en-us/mobile/support/product/lumia640-xl/smartguidance/?action=singleTopic&topic=GUID-9D7E1658-E382-49DA-8A52-D13C99032BAD-8_10_2

Thank You,

PMI-Metrolina Mentorship Committee

